





New Year's resolutions!

How many of them have you made? Lose weight. Join the Y in order to lose weight. Pay off those credit card bills and never spend money you don't have again? Start going to church every Sunday? All noble undertakings! I wish you well.

But, I have another suggestion for you: The 90 Day Challenge. I would invite you to spend the next 90 days developing a spiritual habit that could change the rest of your life. There are four gospels in the New Testament, Matthew, Mark, Luke and John. These four books are the story of the life, ministry and death and resurrection of Jesus. It is the most important story ever told...and yet, many who call themselves Christians have never even read the story.

There are 89 chapters in these four gospels and each chapter is about one page long. The 90 Day Challenge is simple: Read ONE chapter of a gospel first thing in the morning and then write down 2 things: what did I learn about Jesus and what did I learn about disciple-making? Start at Matthew 1 and, every day, read 1 gospel chapter and answer those two questions. As simple as that.

We are providing this journal to make the Challenge even easier. Plus, I will do a daily blog on the chapter that provides some background and a few observations of my own. You will find that blog at <http://www.chapelhillpc.org/90daychallenge>.

Recently, I had a visit from a man who told me this: "Many years ago, you challenged us in a sermon to start every day with at least five minutes of scripture reading and prayer. I took you up on that challenge. Since then, I have read through the Bible several times and this practice has literally transformed my life. I wanted to thank you."

Five minutes, first thing in the morning, one chapter of the gospel of Jesus. Surely, that is a challenge worth taking up? Go for it! Let's grow together in 2015.

Pastor Mark

What did you learn about Jesus?

Monday: Matthew 1 _____

Tuesday: Matthew 2 _____

Wednesday: Matthew 3 _____

Thursday: Matthew 4 _____

Friday: Matthew 5 _____

Saturday: Matthew 6 _____

Sunday: Matthew 7 _____

What did you learn about being a disciple-maker?

Monday: John 17 _____

Tuesday: John 18 _____

Wednesday: John 19 _____

Thursday: John 20 _____

Friday: John 21 _____

Saturday: _____

Sunday: _____

What did you learn about Jesus?

Monday: John 17 _____

Tuesday: John 18 _____

Wednesday: John 19 _____

Thursday: John 20 _____

Friday: John 21 _____

Saturday: _____

Sunday: _____

What did you learn about being a disciple-maker?

Monday: Matthew 1 _____

Tuesday: Matthew 2 _____

Wednesday: Matthew 3 _____

Thursday: Matthew 4 _____

Friday: Matthew 5 _____

Saturday: Matthew 6 _____

Sunday: Matthew 7 _____

What did you learn about Jesus?

Monday: Matthew 8 _____

Tuesday: Matthew 9 _____

Wednesday: Matthew 10 _____

Thursday: Matthew 11 _____

Friday: Matthew 12 _____

Saturday: Matthew 13 _____

Sunday: Matthew 14 _____

What did you learn about being a disciple-maker?

Monday: John 10 _____

Tuesday: John 11 _____

Wednesday: John 12 _____

Thursday: John 13 _____

Friday: John 14 _____

Saturday: John 15 _____

Sunday: John 16 _____

What did you learn about Jesus?

Monday: John 10 _____

Tuesday: John 11 _____

Wednesday: John 12 _____

Thursday: John 13 _____

Friday: John 14 _____

Saturday: John 15 _____

Sunday: John 16 _____

What did you learn about being a disciple-maker?

Monday: Matthew 8 _____

Tuesday: Matthew 9 _____

Wednesday: Matthew 10 _____

Thursday: Matthew 11 _____

Friday: Matthew 12 _____

Saturday: Matthew 13 _____

Sunday: Matthew 14 _____

What did you learn about Jesus?

Monday: Matthew 15 _____

Tuesday: Matthew 16 _____

Wednesday: Matthew 17 _____

Thursday: Matthew 18 _____

Friday: Matthew 19 _____

Saturday: Matthew 20 _____

Sunday: Matthew 21 _____

What did you learn about being a disciple-maker?

Monday: John 3 _____

Tuesday: John 4 _____

Wednesday: John 5 _____

Thursday: John 6 _____

Friday: John 7 _____

Saturday: John 8 _____

Sunday: John 9 _____

What did you learn about Jesus?

Monday: John 3 _____

Tuesday: John 4 _____

Wednesday: John 5 _____

Thursday: John 6 _____

Friday: John 7 _____

Saturday: John 8 _____

Sunday: John 9 _____

What did you learn about being a disciple-maker?

Monday: Matthew 15 _____

Tuesday: Matthew 16 _____

Wednesday: Matthew 17 _____

Thursday: Matthew 18 _____

Friday: Matthew 19 _____

Saturday: Matthew 20 _____

Sunday: Matthew 21 _____

What did you learn about Jesus?

Monday: Matthew 22 _____

Tuesday: Matthew 23 _____

Wednesday: Matthew 24 _____

Thursday: Matthew 25 _____

Friday: Matthew 26 _____

Saturday: Matthew 27 _____

Sunday: Matthew 28 _____

What did you learn about being a disciple-maker?

Monday: Luke 20 _____

Tuesday: Luke 21 _____

Wednesday: Luke 22 _____

Thursday: Luke 23 _____

Friday: Luke 24 _____

Saturday: John 1 _____

Sunday: John 2 _____

What did you learn about Jesus?

Monday: Luke 20 _____

Tuesday: Luke 21 _____

Wednesday: Luke 22 _____

Thursday: Luke 23 _____

Friday: Luke 24 _____

Saturday: John 1 _____

Sunday: John 2 _____

What did you learn about being a disciple-maker?

Monday: Matthew 22 _____

Tuesday: Matthew 23 _____

Wednesday: Matthew 24 _____

Thursday: Matthew 25 _____

Friday: Matthew 26 _____

Saturday: Matthew 27

Sunday: Matthew 28 _____

What did you learn about Jesus?

Monday: Mark 1 _____

Tuesday: Mark 2 _____

Wednesday: Mark 3 _____

Thursday: Mark 4 _____

Friday: Mark 5 _____

Saturday: Mark 6 _____

Sunday: Mark 7 _____

What did you learn about being a disciple-maker?

Monday: Luke 13 _____

Tuesday: Luke 14 _____

Wednesday: Luke 15 _____

Thursday: Luke 16 _____

Friday: Luke 17 _____

Saturday: Luke 18 _____

Sunday: Luke 19 _____

What did you learn about Jesus?

Monday: Luke 13 _____

Tuesday: Luke 14 _____

Wednesday: Luke 15 _____

Thursday: Luke 16 _____

Friday: Luke 17 _____

Saturday: Luke 18 _____

Sunday: Luke 19 _____

What did you learn about being a disciple-maker?

Monday: Mark 1 _____

Tuesday: Mark 2 _____

Wednesday: Mark 3 _____

Thursday: Mark 4 _____

Friday: Mark 5 _____

Saturday: Mark 6 _____

Sunday: Mark 7 _____

What did you learn about Jesus?

Monday: Mark 8 _____

Tuesday: Mark 9 _____

Wednesday: Mark 10 _____

Thursday: Mark 11 _____

Friday: Mark 12 _____

Saturday: Mark 13 _____

Sunday: Mark 14 _____

What did you learn about being a disciple-maker?

Monday: Luke 6 _____

Tuesday: Luke 7 _____

Wednesday: Luke 8 _____

Thursday: Luke 9 _____

Friday: Luke 10 _____

Saturday: Luke 11 _____

Sunday: Luke 12 _____

What did you learn about Jesus?

Monday: Luke 6 _____

Tuesday: Luke 7 _____

Wednesday: Luke 8 _____

Thursday: Luke 9 _____

Friday: Luke 10 _____

Saturday: Luke 11 _____

Sunday: Luke 12 _____

What did you learn about being a disciple-maker?

Monday: Mark 8 _____

Tuesday: Mark 9 _____

Wednesday: Mark 10 _____

Thursday: Mark 11 _____

Friday: Mark 12 _____

Saturday: Mark 13 _____

Sunday: Mark 14 _____

What did you learn about Jesus?

Monday: Mark 15 _____

Tuesday: Mark 16 _____

Wednesday: Luke 1 _____

Thursday: Luke 2 _____

Friday: Luke 3 _____

Saturday: Luke 4 _____

Sunday: Luke 5 _____

What did you learn about being a disciple-maker?

Monday: Mark 15 _____

Tuesday: Mark 16 _____

Wednesday: Luke 1 _____

Thursday: Luke 2 _____

Friday: Luke 3 _____

Saturday: Luke 4 _____

Sunday: Luke 5 _____
